

## Risk assessment

**Company name: EJ Rehab**

**Assessment carried out by: Emma Scott**

**Date of next review: January 2027**

**Date assessment was carried out: January 2026**

What are the hazards?	Who might be harmed and how?	What action do you need to take to control the risks?	Who needs to carry out the action?
<b>Slips and trips</b>	Staff and client may be injured if they trip over objects or slip on spillages.	<ul style="list-style-type: none"> <li>• Good housekeeping.</li> <li>• Keep areas well lit.</li> <li>• Ensure there are no trailing leads or cables.</li> <li>• Keep clinic tidy and walkways clear of obstructions.</li> </ul>	All staff
<b>Manual handling of equipment and clients</b>	Staff at risk of spinal injuries/pain from handling of equipment or from performing treatments.	<ul style="list-style-type: none"> <li>• Ensure staff are trained in correct manual handling techniques.</li> <li>• Ensure when treating clients couch is set to appropriate height to ensure staff are not leaning over.</li> </ul>	All staff
<b>Display screen equipment</b>	Staff risk posture problems, pain, discomfort or injuries as a result of overuse of hands and arms or poor positioning. Headaches or eye pain can also occur from poor lighting.	<ul style="list-style-type: none"> <li>• Staff are responsible for ensuring they are maintaining a good posture when treating patients and completing paperwork.</li> <li>• Workstations to be set to a good height to encourage good posture and to avoid glare and screen reflections.</li> <li>• Work planned to include regular breaks or change of activity.</li> <li>• Lighting and temperature suitably controlled.</li> </ul>	All staff

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<b>Electrical</b>	Staff could get electrical shocks or burns from using faulty electrical equipment.	<ul style="list-style-type: none"> <li>Staff who spot any defective/ damaged equipment or cables are not to use equipment until deemed safe or until they can be replaced.</li> <li>Discoloured sockets or concerns over electricity supply to be reported to building manager and not to be used until deemed safe to do so.</li> </ul>	All staff
<b>Fire</b>	If trapped, staff and clients could suffer fatal injuries from smoke inhalation/burns.	<ul style="list-style-type: none"> <li>Work with building manager to obtain a copy of their fire safety protocols and follow these accordingly.</li> <li>Ensure staff are aware of the nearest meeting point, escape route and fire alarm.</li> </ul>	All staff

## COVID-19 Risk assessment



Company name: EJ Rehab

Assessment carried out by: Emma Scott

Date of next review: January 2027

Date assessment was carried out: January 2025

What are the hazards?	Who might be harmed and how?	What action do you need to take to control the risks?	Who needs to carry out the action?
<b>Spread of COVID-19</b>	Staff and clients are at risk of developing COVID-19 from direct contact with contaminated surfaces or from air-borne bacteria.	<ul style="list-style-type: none"> <li>• <b>Good hand hygiene:</b> Ensure that staff are washing hands regularly when treating clients and between every client. Also encouraging clients to use hand sanitiser when entering and leaving the clinic.</li> <li>• <b>Cleaning of equipment and clinic room:</b> Staff responsible for the cleaning and sanitising of all equipment and areas used before and after each client. This includes light switches, door handles and chairs ensuring appropriate antibacterial products are used to complete this.</li> <li>• <b>PPE:</b> Staff to wear face masks when treating clients and encourage clients to do the same. Follow all government guidelines in terms of required PPE if they should change.</li> <li>• <b>Positive COVID-19 cases:</b> Staff are to follow current government guidance on the action to take should a member or staff or client test positive for COVID-19. Clients are required to notify EJ Rehab should they test positive before attending</li> </ul>	<p>All staff</p> <p>Clients are responsible for following recommendations set by EJ Rehab staff in terms of COVID-19, should clients not wish to follow these guidelines it is up to the member of staff's discretion as to whether to assess/treat the patient.</p>

What are the hazards?	Who might be harmed and how?	What action do you need to take to control the risks?	Who needs to carry out the action?
		<p>appointment or if they have tested positive within 14 days of their appointment at EJ Rehab.</p> <ul style="list-style-type: none"> <li>• <b>Ventilation:</b> Where possible ensure all rooms are well ventilated by opening the window.</li> <li>• <b>Social distancing:</b> Where possible staff are to maintain a good distance from clients. Where this cannot occur due to practicality staff are to ensure that all other measures are followed eg ventilation and appropriate PPE is worn.</li> <li>• <b>Sharing of equipment:</b> Limit the sharing of equipment where possible- when this is not possible equipment should be cleaned thoroughly. Clients will be required to bring their own towels to the appointment.</li> </ul>	